

WED
CONCURRENT SESSIONS
BLOCK 1
1:30 PM – 2:45 PM

WORLD-CLASS CONTENT
COMING SOON

THU
CONCURRENT SESSIONS
BLOCK 2
10:30 AM – 11:45 AM

A VALUE ADDED MODEL FOR TREATMENT OF CHRONIC PAIN
(Virgil Wittmer, Brooks Rehabilitation; Mark Pew, Senior Vice President, PRIUM) #296096 PAIN
Value added assessment and treatment for various chronic conditions, such as chronic pain, is increasingly demanded by the government, insurance companies, referring providers, as well as patients and families. This symposium will address how to add value in managing chronic pain with a biopsychosocial model. Various government and private sector payers emphasize that value must include clinical efficacy while reducing healthcare expenses. The standards/guidelines of the National Pain Strategy and CDC Guidelines for Prescribing Opioids for Chronic Pain will be used as models to design and implement “value” into practice.

CO-CHAIR:



VIRGIL WITTMER, PHD
Executive Director, Brooks
Rehabilitation, Jacksonville, FL

CO-CHAIR:



LADONNA SAXON, PHD
Staff Psychologist and Training Consultant
Department of Veterans Affairs, Mental Health,
Dallas, TX



CONCURRENT SESSIONS
BLOCK 3
1:45 PM – 3:00 PM

Applying Psychologically Informed Principles in Rehabilitation for Patients with Chronic Pain
(Anita Davis, PT DPT DAAPM ATRIC CEASII, Brooks Rehabilitation; Virgil Wittmer, PhD, Brooks Rehabilitation) #294316 PAIN, CP
This session introduces concepts of psychologically informed practice to rehabilitation professionals treating patients with chronic pain. Psychologically informed practice is associated with cognitive behavioral training as provided by psychologists. Pain coping strategies are paramount for those with chronic pain. However, for those with chronic pain, psychological support is frequently not available. These strategies allow the clinician to share effective pain coping skills along with their discipline specific interventions. Some pain coping strategies may be familiar but are often miss-understood and poorly applied. These will be clarified and discussed within a case example.

CONCURRENT SESSIONS
BLOCK 4
5:00 PM – 6:15 PM

New Guidelines by the ACP for Non Invasive Pain Therapies Special Focus on Wearable Technologies
(Polina Feldman, Recovery Force; Virgil Wittmer, Brooks Rehabilitation) #303023 PAIN, TEC

FRI
CONCURRENT SESSIONS
BLOCK 5
10:30 AM – 11:45 AM

Enhancing Patient Engagement in Chronic Pain Self-Management Practices to Optimize Pain Treatment Outcomes (Team from James A. Haley Veterans’ Hospital: Stacey Sandusky, Nicolle Angeli, Kerry Allen) #293323 PAIN, CP

CONCURRENT SESSIONS
BLOCK 6
2:30 PM – 3:45 PM

Chronic Pain Treatment: New and Existing Models of Successful and Cost Efficient Rehabilitation (Virgil Wittmer, Brooks Rehabilitation; Gregory Smith, Progressive Rehabilitation Associates) #292244 PAIN, CP

SAT
CONCURRENT SESSIONS
BLOCK 7
9:45 AM – 11:00 AM

PAPER SESSIONS



CONCURRENT SESSIONS
BLOCK 8
11:30 AM – 12:45 PM

Placebo effects in rehabilitation medicine: mechanisms, acceptability, and clinical applications (Nkaku R. Kisaalita, LaDonna Saxon) #331549 PAIN, CIRM

CONCURRENT SESSIONS
BLOCK 9
1:00 PM – 2:15 PM

Integrating Therapeutic Exercises via Dance/ Movement Therapy, Mindfulness and Guided Imagery When Treating Pain. (Rivi Har-El) #300998 CC CROSSTAGGED

PARTICIPATE **JOIN THE ACRM Pain Rehabilitation Group Business Meeting**

FRI 4:00 PM – 5:00 PM *JOIN us... Be Moved.*

SESSION DETAIL

The American College of Physicians (ACP) set forth new guidelines that physicians and patients should treat acute or subacute low back pain with non-drug therapies such as superficial heat, massage, acupuncture, or spinal manipulation. Advancements in non-drug therapies for lower back pain are emerging as wearable technologies that use multifunctional materials. Multifunctional materials are defined as smart materials that react to environmental changes in various manners to provide superficial heat, massage, bio-feedback, neural stimulation and stimulate blood circulation. Shape memory alloy (SMA) materials will be highlighted detailing applications for aiding in deep vein thrombosis, blood circulation, edema and muscle recovery

SESSION DETAIL

The National Pain Strategy (NPS) was released in 2016, and strongly encourages interdisciplinary assessment and treatment for patients at risk for development of chronic pain. These guidelines recommend the biopsychosocial model for evaluation and treatment of chronic pain, and are inclusive of all strategies of behavioral and medical rehabilitation. There are many models for interdisciplinary implementation of the NPS guidelines. This symposium will provide evidenced based recommendations for integration of these services/programs within a variety of healthcare settings. Staffing structure, philosophy, outcomes, and practical issues related to operations (revenue and expenses) will all be addressed within various healthcare delivery systems.

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